

Physical Education 2025-2026

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Nursery	slides, seesaw, moving to music, mud kitchen, yoga, bikes, gross motor, fine motor, outdoor tools					
Reception	Trim Trail Bikes Gross Motor Trolley Fine Motor Table Playground Games during taught sessions and outdoor learning sessions	Fundamentals Unit 1 6 lessons	Fundamentals Unit 1 6 lessons	Gymnastics Unit 1 6 Lessons	Ball Skills Unit 1 6 Lessons	Games Unit 1
Year 1	Fundamentals 6 Lessons	Dance 6 Lessons	Dance 6 Lessons	Sending and Receiving 6 Lessons	Invasion Games 6 Lessons	Athletics 6 Lessons Sports Week
	Ball Skills 6 Lessons	Gymnastics 6 Lessons	Gymnastics 6 Lessons	Target Games 6 Lessons	Net and Wall Games 6 Lessons	Striking and Fielding 6 Lessons
Year 2	Fundamentals 6 Lessons	Sending and Receiving 6 Lessons	Invasion Games 6 Lessons	Gymnastics 6 lessons	Dance 6 Lessons	Athletics 6 Lessons Sports Week
	Ball Skills 6 Lessons	Target Games 6 Lessons	Net and Wall Games 6 Lessons	Dance 6 Lessons	Gymnastics 6 Lessons	Striking and Fielding 6 Lessons